

Circle the top 5 subjective traits, subjective assets are descriptors or adjectives.

This exercise is often helpful if you can get a spouse, friend, co-worker, or supervisor to also identify 5 traits and why they chose them. This will help you learn how to talk about yourself in an interview.

Approachable: Work well with others

Articulate: Can express yourself well in front of groups

Communicative: Inclined to communicate

Composure: Calmness or repose especially of mind

Creative: The ability or power to create

Delegation: Ability to assign tasks successfully

Easygoing: Easily adapt to new situations

Efficient: Very quick turnover time

Emotional Intelligence: Rational thinker

Empathetic: Capacity to understand what another person is experiencing

Enthusiastic: Put all into every project

Entrepreneur: Willing to undertake a project requiring initiative

Flexible: Adjust to changes in business

Humble: Not proud or arrogant

Influential: Exerting power or influence

Innovative: Tending to bring in something new

Listening: Attentive and active listener

Patience: Ability to endure difficult circumstances

Perceptive: Can read people effortlessly

Persuasive: A natural salesperson



What Makes You Great Worksheet

5 Subjective Traits Worksheet

Planning: Creation and maintenance of a plan

Prioritize: Direct the organization's focus

Procedural: Work best with structure

Resilient: Withstand, adapt, and thrive during internal and external changes

Resourceful: Successfully uses every tool at hand

Strategic Thinker: Seeing the big picture and putting thought into action

Team Player: Actively contributes to their group in order to manage projects

Technological: Industrially savvy regarding business concepts and operations

Time Management: Planning and exercising conscious control of time

Trustworthy: Behaves ethically

Can you write down any examples of these subjective traits? This will help you describe yourself in an interview. Try to correlate objective assets, points of fact, as this will help make your subjective traits measurable, showing you have put them into action.
